



MEDICAL EXERCISE SPECIALISTS

Phone: 540-479-1877

2541 Cowan Blvd., Fredericksburg, VA 22401
541 William Street, Fredericksburg, VA 22401

PATIENT NAME: _____

CONDITION(S) /DIAGNOSIS: _____

ICD 10 Code: _____

MEDEX SERVICES REQUESTED

- | | |
|---|---|
| <input type="checkbox"/> Musculoskeletal Screening & Assessment | <input type="checkbox"/> Medical Massage |
| <input type="checkbox"/> Fall Risk Screening | <input type="checkbox"/> Assisted Stretching |
| <input type="checkbox"/> Functional Movement Screening | <input type="checkbox"/> Diabetes Exercise |
| <input type="checkbox"/> Cardiovascular Training | <input type="checkbox"/> Functional Training |
| <input type="checkbox"/> Strength Training | <input type="checkbox"/> Pilates |
| <input type="checkbox"/> Hypertension Exercise | <input type="checkbox"/> Registered Dietitian |
| <input type="checkbox"/> Spinal Stabilization | <input type="checkbox"/> Weight Reduction |
| <input type="checkbox"/> Back/Neck Exercise | <input type="checkbox"/> Gait Analysis |
| <input type="checkbox"/> MedEx Training School | <input type="checkbox"/> Inbody Analysis |

DURATION: _____ months

FREQUENCY: _____ x/week

COMMENTS & PRECAUTIONS:

PROVIDER NPI NUMBER: _____

REFERRING PROVIDER SIGNATURE: _____

DATE: ____ / ____ / ____