



Phone: 540-479-1877

2541 Cowan Blvd., Fredericksburg, VA 22401  
541 William Street, Fredericksburg, VA 22401

# MEDICAL EXERCISE SPECIALISTS

PATIENT NAME: \_\_\_\_\_

CONDITION(S) /DIAGNOSIS: \_\_\_\_\_

ICD 10 Code: \_\_\_\_\_

## MEDEX SERVICES REQUESTED

- |   |   |
|---|---|
| <input type="checkbox"/> Musculoskeletal Screening & Assessment | <input type="checkbox"/> Medical Massage      |
| <input type="checkbox"/> Fall Risk Screening                    | <input type="checkbox"/> Assisted Stretching  |
| <input type="checkbox"/> Functional Movement Screening          | <input type="checkbox"/> Diabetes Exercise    |
| <input type="checkbox"/> Cardiovascular Training                | <input type="checkbox"/> Functional Training  |
| <input type="checkbox"/> Strength Training                      | <input type="checkbox"/> Pilates              |
| <input type="checkbox"/> Hypertension Exercise                  | <input type="checkbox"/> Registered Dietitian |
| <input type="checkbox"/> Spinal Stabilization                   | <input type="checkbox"/> Weight Reduction     |
| <input type="checkbox"/> Back/Neck Exercise                     | <input type="checkbox"/> Gait Analysis        |
| <input type="checkbox"/> MedEx Training School                  | <input type="checkbox"/> Inbody Analysis      |

DURATION: \_\_\_\_\_ months

FREQUENCY: \_\_\_\_\_ x/week

## COMMENTS & PRECAUTIONS:

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PROVIDER NPI NUMBER: \_\_\_\_\_

REFERRING PROVIDER SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_ / \_\_\_\_ / \_\_\_\_